

The Big 3 AUGUST 2020



SAY IT:

Treat others right. Make smart decisions. Maximize your potential.

KNOW IT:

ASK A KID:

- Think of a time when your feelings have been hurt by someone. How did this make you feel? How did you react?
- What are some ways you can make sure that you always treat others right and make smart decisions?
- What does potential mean? What are some things you can do everyday to maximize your unique potential?

ASK A GROWN UP:

- Have there been times that you haven't treated others right? What was the outcome?
- What are some examples of smart decisions you made growing up?

SEE IT:

The story of arguably the best basketball player of all time, Michael Jordan, is a perfect example of The Big Three. Michael Jordan is a 6 time NBA champion. He made 14 All-Star game appearances and scored over 32,000 points in his professional basketball career, yet he didn't make his high school varsity basketball team when he tried out as a sophomore. He spent that entire year using this disappointment as fuel to get better. After he worked very hard and maximized his potential, he went on to make the team the following year and the rest is history! Along the way, Michael also made smart decisions and treated others right in order to achieve his dream of playing basketball with excellence.

BE IT:

One way that you can live out the Big Three is to first make sure you memorize what it is. Make yourself a poster that says **Treat Others Right, Make Smart Decisions and Maximize Your Potential.** Hang the poster somewhere in your room where you will see it daily (bathroom mirror, bedroom door, etc.). Read over the Big Three and start each day being mindful of how you can accomplish the Big Three.

PHASE

The Big 3
AUGUST 2020



What is a Phase?

We've all said it: "It's just a phase." Meaning that your child will get through whatever irritating moment in time he or she happens to be in right now.

But what if we flip that? What if instead of eagerly awaiting the moment when your child will grow out of it, we embraced each Phase as a moment of time that we will never have again?

What if a Phase became: A time frame in a kid's life when you can leverage that moment to influence their future.

If you're a planner, you may be concentrating on the future – a phase your child will be in sometime in the future.

If you are nostalgic, you may be focused on what your child used to be like.

But instead, let's focus on how we can use this year, these next 10 months, to influence our kids for the best possible outcome.

So don't miss it. **It's just a phase!**