



## BE IT

### STEP ONE: Show The Big Idea Video

[https://www.youtube.com/watch?v=un6eSNbNyY0&list=PLVXqh1woV2T0aSNcA0-VdpGVMLC\\_ajt87&index=40](https://www.youtube.com/watch?v=un6eSNbNyY0&list=PLVXqh1woV2T0aSNcA0-VdpGVMLC_ajt87&index=40)

### STEP TWO: Talk about the Big Idea

- Why did the kids want to make the mosaic project?
- Why do you think he persevered even though it was hard?
- What would you have done if you were the boy in the story?

### STEP THREE: Write about the Big Idea

- Have your child draw a picture of themselves completing a goal.

### STEP FOUR: Activate the Big Idea in Your Life

#### **SEL COMPETENCIES:**

#### **SELF-DISCIPLINE, IMPULSE CONTROL**

SUPPLIES NEEDED: Varies. See below.

ACTIVITY: Find "Minute to Win It" activities and provide time to do them. Here are some examples:

- golf ball stack-If you align the dimples just right, you can stack golf balls.
- penny stack-with one hand, two hands, non-dominant hand
- cup stack-building a pyramid with plastic cups

WRAP UP: "Staying determined can be hard – even when you only have a minute! It is easy to want to give up, but persevering and staying determined pays off in the end."