

# Determination: Deciding it's worth it to finish what you started

**Supplies Needed:** Access to the internet, paper, writing utensils

**Instructions:**

Have your child watch the Intro Video: <https://www.youtube.com/watch?v=ST7RHy1yxwI&list=PLVXqh1woV2T3XO5F6iuH-KIKAE36KLeEW&index=10>

**Classroom Discussion:**

- The video said, "We want to be known as people who finish what we started, who mean what they say, and who have integrity." Are those values important to you? Why or why not?
- How can other people help you stay determined? Why is it good to have people who encourage you?

**Reflection:**

Write a letter to "you" from 5 years ago. How would you encourage yourself to keep going? What is important enough to work hard for? Who in your life deserves your determination?