



SEE IT

STEP ONE: Watch the video:

https://www.youtube.com/watch?v=dMr0uU5y8xA&list=PLVXqh1woV2T0aSNcA0-VdpGVMLC_ajt87&index=32&t=0s

STEP TWO: Talk about the Big Idea

- How do you think Gemma felt when her sister picked her friends over her?
- Why did Gemma yell at her mom? How do you think that made her mom feel?
- What happened when she chose to forgive her?

STEP THREE: Write about the Big Idea

- Create a short story that shows an example of forgiveness.

STEP FOUR: Activate the Big Idea in Your Life

SEL COMPETENCIES: EMPATHY

SUPPLIES NEEDED: the book *Horrible Bear* by Ame Dyckman (<https://www.youtube.com/watch?v=NfuoOaHV2Cg>)

YOU SAY: "Sometimes it just takes a little empathy for us to offer forgiveness to someone."

ACTIVITY: Read the story *Horrible Bear* aloud. Discuss where you saw forgiveness in the story.