



SAY IT

STEP ONE: Show The Big Idea Video:

https://www.youtube.com/watch?v=pY35nCGZ_pQ&list=PLVXqh1woV2T0aSNcA0-VdpGVMLC_ajt87&index=33

STEP TWO: Talk about the Big Idea

- Why is it hard to put someone else in front of you?
- When is it hard for you to be humble and why?

STEP THREE: Write about the Big Idea

- Why do you think people find humility so difficult?

STEP FOUR: Activate the Big Idea in Your Life

SEL COMPETENCIES:

**PERSPECTIVE-TAKING, EMPATHY,
RESPECT FOR OTHERS**

SUPPLIES NEEDED: A *Humili-TEE Printable* for each child

ACTIVITY: Describe what a golf tee is for. Explain that without the tee, the first shot would be much harder on each hole. The tee lifts up the ball and is the foundation for the tee shot, kind of like how humility is the foundation for how we treat others. Have children decorate their tee with messages or pictures of humility.

YOU SAY: "Realizing that we aren't always the most important is the foundation of treating others right. Working on sharing, allowing others to go first, and realizing you don't always have to have your way are a great start!"