

The Big 3 August 2019



SAY IT:

Treat others right. Make smart decisions. Maximize your potential.

KNOW IT:

ASK A KID:

- Think of a time when your feelings have been hurt by someone. How did this make you feel? How did you react?
- What are some ways you can make sure that you always treat others right and make smart decisions?
- What does potential mean? What are some things you can do every day to maximize your unique potential?

ASK A GROWN UP:

- Have there been times that you haven't treated others right? What was the outcome?
- What are some examples of smart decisions you made growing up?
- Do you think you have reached your full potential? Why or why not?

SEE IT:

The movie *The Blind Side* is a great representation of the Big Three. Michael Oher, or "Big Mike" as they called him, is a young black teen who could easily go down the wrong path. He is homeless, has no parental involvement, and he is not connected to school, church or friends. However, when Michael is approached by a concerned and compassionate family, he makes the right decision to accept help. Throughout the entire movie Big Mike is seen treating others right by showing others respect and honor. Big Mike is seen making smart decisions when he perseveres through his school work even when it is difficult. Finally, Big Mike is seen maximizing his potential by working hard on the football field and dedicating his time to perfecting his athletic talent. Big Mike displays the Big Three.

BE IT:

How can you live out the Big Three? Post a note or create a poster to hang in your room that lists the Big Three: treat others right, make smart decisions and maximize your potential. Read over the Big Three and start each day being mindful of how you can live into them. When you are faced with a decision, ask yourself what the RIGHT decision would be. Before you speak or act, ask yourself if the words you are about to speak or the action you are about to take will treat others right. At the end of your day, ask yourself if your time was well spent. Was the majority of your day spent maximizing your potential? Just being mindful of your words, decisions and actions will go a long way to helping you live into the Big Three.

PHASE

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What is a Phase?

We've all said it: "It's just a phase." Meaning that your child will get through whatever irritating moment in time he or she happens to be in right now.

But what if we flip that? What if instead of eagerly awaiting the moment when your child will grow out of it, we embraced each Phase as a moment of time that we will never have again?

What if a Phase became: A time frame in a kid's life when you can leverage that moment to influence their future.

If you're a planner, you may be concentrating on the future – a phase your child will be in sometime in the future.

If you are nostalgic, you may be focused on what your child used to be like.

But instead, let's focus on how we can use this year, these next 10 months, to influence our kids for the best possible outcome.

So don't miss it. **It's just a phase!**