

Anchorage Public School



**School-Sponsored
After-School
Enrichment/Athletic
Activities for Students
Fall 2019**

4th/5th Grade Academic Team

In late October, each fourth and fifth grade student receives an invitation to join the Academic Team. Students are expected to attend at least one practice each week from November – March. Practices give students the opportunity to enhance individual skills while contributing to a group endeavour. During the practice sessions, the team members learn the rules for different events and expand their knowledge of Kentucky's Core Content through exploration and review activities. Team members with excellent attendance, exemplary behavior, and improved statistics are given first consideration during the competition selection process.

The 4-5 Academic Team Activities are described below:

Kentucky's Governor's Cup Competition - February and March

The Academic Team members participate in the following Governor's Cup events sponsored by the Kentucky Association for Academic Competition (KAAC): Quick Recall (team competition); Written Composition (individual on-demand writing prompt); and Written Assessments (multiple choice in Mathematics, Science, Social Studies, Language Arts; and Arts/Humanities). Students compete at the District level for the opportunity to advance to the Regional Competition.

School-Sponsored Activity/Coaches: Lisa Campbell and Lizanne Hunter

Schedule

4th/5th Grade Academic Team practices and competitions run from November through March.

Registration

4/5 Academic Team Participant Fee: \$105

Grade Range: 4th–5th

Registration information will be distributed in late October. Please email Coach Lisa Campbell or Coach Lizanne Hunter with any questions at the following addresses:

lisa.campbell@anchorage.kyschools.us;
lizanne.hunter@anchorage.kyschools.us.

6th Grade Academic Team

In September, each sixth grader receives an invitation to join the Academic Team. Recognizing that each student can make valuable contributions to the team, our goal is to involve as many interested and dedicated students as possible. Team members are expected to attend our one practice each week. During the practice sessions, the team members learn the rules for different events and expand their knowledge of Kentucky's Core Content through exploration and review activities. Team members with excellent attendance, exemplary behavior, and improved statistics are given first consideration during the competition selection process.

The 6th Grade Academic Team activities are described below:

Kentucky Colonels Sixth Grade Academic Showcase - December

This event, similar to the Governor's Cup Competition, is sponsored by the Kentucky Association for Academic Competition (KAAC). Academic Team members compete in the Quick Recall tournament. Individual team members may also participate in Written Composition and multiple-choice Written Assessments in Mathematics, Science, Social Studies, Language Arts, and Arts/Humanities.

American Scholastic Academic Challenge - February

Academic Team members may choose to compete in the American Scholastic Achievement League's 100-question Academic Challenge. This activity affords students the opportunity to take a general knowledge test on-line. Individuals are recognized for academic excellence.

School-Sponsored Activity/Coach: Karen Steltenpohl

Schedule


6th Grade Academic Team practices and competitions run from September through December.

Registration

6th Grade Academic Team Participant Fee: \$85

Grade Range: 6th

Registration information will be distributed in September. Please email Coach Karen Steltenpohl at karen.steltenpohl@anchorage.kyschools.us with any questions.



Middle School Academic Team

In late September, each middle school student receives an invitation to join the Academic Team. It is important to remember that every student can make valuable contributions to the Academic Team. Our goal is to involve as many interested and dedicated students as possible.

During practice sessions, the team members learn the rules for different events, plot their competition strategy, and expand their knowledge of Kentucky's Core Content through exploration and review activities. Team members are expected to attend practice each week from late September until the Governor's Cup Competitions in January and February. Team members with excellent attendance, exemplary behavior, and improved statistics are given first consideration during the competition selection process. After Governor's Cup, the team takes a short break. Then an optional spring practice schedule is set for team members interested in any of the competitions held in the spring.

The 7-8 Academic Team activities are as follows:

Pre-Season - Volunteers represent Anchorage in any pre-season invitational tournaments.

Kentucky Governor's Cup Competition - January, February, March

Team members may participate in these events sponsored by the Kentucky Association for Academic Competition (KAAC): Quick Recall (team competition); Written Composition (individual on-demand writing); and Written Assessments (individual multiple-choice test) in Mathematics, Science, Social Studies, Language Arts; and Arts/Humanities. Students compete at the District level for the opportunity to advance to the Regional and State Competitions.

Middle School Academic Team (continued)

American Scholastic Academic Challenge - February

Academic Team members may choose to compete in the American Scholastic Achievement League's 100-question Academic Challenge. This activity affords students the opportunity to take a general knowledge test on-line. Individuals are recognized for academic excellence.

Special Invitations - late September - May

When the team receives invitations for other academic events throughout the year, interested and available Academic Team members may opt to participate in additional activities.

School-Sponsored Activity/Coach: Karen Steltenpohl

Schedule


7th/8th Grade Academic Team practices and competitions run from late September through February with optional spring practice schedule.

Registration

7th/8th Grade Academic Team Participant Fee: \$115

Grade Range: 7th–8th

Registration information will be distributed in late September. Please email Coach Karen Steltenpohl at karen.steltenpohl@anchorage.kyschools.us with any questions.



Cheerleading

The squad is open to all students (no previous experience required) and consists of enthusiastic, dynamic, fun, hardworking children whose mission is to primarily represent the school with a spirit of support for teams, fans and the entire Anchor community.

All areas of cheerleading are covered, from dance, gymnastics, jumps, motions and pyramids, to learning the school song and cheering at games.

School-Sponsored Activity
Sponsors: Meghan Gill

Schedule

Practices are held on Mondays from 3:15 –4:45 p.m. beginning on August 19 in the large gym. Our season runs from August through the first week of February. Participants cheer for Home (middle school boys and girls) basketball games, perform at two pep rallies, and the annual North/South Alumni Game.


Registration

Fee is \$110 per student. No additional costs will be incurred and the group does not fundraise.

Grade Range: K–8

If your child is interested in cheering please contact Meghan Gill at (502) 298-2503 or email at meggill87@gmail.com

KHSAA Athletic Participation/Physical Examination Form must be completed by a doctor and submitted before the student can participate in drills or practice. Form can be found on the Anchorage School website under "Parents"/"Forms"



Community Connections Club

Participating students will learn about the needs in our community and will lead and plan community service projects. Students will actively participate in planning a holiday project to support The Family Scholar House and in supporting other school wide community service activities.

School Sponsored Activity

Sponsor: Judy Lamoreux

Parent Volunteers: Nancy Lynn Walters, Catherine Werner

Schedule

The club will meet for an organizational meeting on Friday, August 23rd from 2:00 p.m. until 3:00 p.m. in the middle school science classroom and then monthly thereafter on specified Fridays.

Registration

Fee is \$20 (Includes club t-shirt)

Grade Range: 6th–8th (Size of the club is not limited to a maximum number of participants.)

All students interested in participating should attend the organizational meeting scheduled for Friday, August 23rd at 2:00 p.m.

For more information contact Mrs. Lamoreux at judy.lamoreux@anchorage.kyschools.us,

Fellowship of Christian Athletes (FCA)

The Fellowship of Christian Athletes engages students to grow in their faith with one another.

FCA co-sponsors are Jeff Dunn and Ben VanKlompenberg.

Schedule

FCA meets every Friday in the small gym from 7:20 a.m. until dismissal to classes. Drop-off of students for FCA meetings is in the back carpool lot and students should enter through the gym foyer door. FCA will begin meeting on Friday, September 27th.

Registration

No cost to participate

Grade Range: 6th—8th

No prior registration required, meetings are open to all 6th through 8th grade students.

For additional information email:

Mr. Dunn at jeff.dunn@anchorage.kyschools.us

Mr. VK at ben.vanklompenberg@anchorage.kyschools.us



Cross Country (Interscholastic)

Thank you for your interest in Cross Country at Anchorage! This year, practices and meets will be open to all students K– 8th. (Parents are also welcome to volunteer, or run, with their athlete!) As a parent, your help is needed to promote positive fitness goals.

School-Sponsored Activity/Athletic Director: Tom Clemons

Schedule

Cross Country Season:

First Practice: Saturday, August 17, 2019

K-3 9:00-10:00

K-8 9:45-10:15—parent meeting/uniform pickup

4-8 10:00-11:15

Meets: Approximately 12 meets, TBD

Meets will likely be on Mondays or Saturday mornings.

Athletes are encouraged to attend all meets.


Season End: End of October 2019

Practices will be on Wednesdays (K-3rd from 3:00-4:00 meeting in large gym; 4th-5th from 4:00-5:00 meeting on athletic field; 6th-8th from 5:00-6:00 on the athletic field). Athletes will need to bring clothes and shoes to change into after school. Practices are necessary to fully prepare the athletes to complete distance runs. All practices will include a warm-up, fun runs, long runs, and cool down. Generally, practices will be held at the school and at Anchorage Trail. Additional, locations may be added later.

Registration

Information is available on the school website. \$110 fee.

KHSAA Athletic Participation/Physical Examination Form must be completed by a doctor and submitted before the student can participate in drills or practice. Form can be found on the Anchorage School website under "Parents"/"Forms"



Field Hockey Teams (Interscholastic)

Our Field Hockey program is a great outdoor activity that allows students to develop skills in the sport while building stamina, teamwork skills, and friendships.

School-Sponsored Activity/Athletic Director: Tom Clemons

Schedule

Practices are once per week for the 5th/6th grade team and twice per week for the 7th/8th grade team. The game schedule is posted on school website at www.anchorage-school.org.

Registration

Participant Fee: \$110 - The fee includes the use of a kilt and a jersey for all participants. Participants must purchase shin guards, NFHA approved eye protection, brightly-colored mouth guard (not white or clear), white socks and red socks, and a field hockey stick (a limited number of sticks are available on loan to participants unsure if they want to continue in the field hockey program long-term).

Grade Range:

7th & 8th Grades – Varsity team

Coaches: Sarah Berakovich and Sophia Cristofoli

5th & 6th Grades – 6th Grade League

Coaches: Sara Wiles and Courtney Van Nevel

Registration information is available on the school website.

KHSAA Athletic Participation/Physical Examination Form must be completed by a doctor and submitted before the student can participate in drills or practice. Form can be found on the Anchorage School website under “Parents”/”Forms”

Coed Soccer Teams (Interscholastic)

Our Coed Soccer program is a great outdoor activity that allows students to develop skills in the sport while building stamina, teamwork skills and friendships.

School-Sponsored Activity/Athletic Director: Tom Clemons
Coach: Rick Haufe

Schedule

Practices will be once per week with approximately 9 games and one tournament per team. The season starts August 12th-October 4. There are no tryouts and the first soccer practice is August 12th from 4:00-5:30. The parent meeting will be August 12th at 6:00 in the auditorium immediately after practice.

Game schedule is posted on school website at www.anchorage-school.org and also posted under Athletics.


Registration

Participant Fee: \$110 (Participants are provided a uniform. All players must have their own shin guards, red socks and mouth guard.

Grade Range: 5th-8th

Registration information is available in back-to-school packets.

KHSAA Athletic Participation/Physical Examination Form must be completed by a doctor and submitted before the student can participate in drills or practice. Form can be found on the Anchorage School website under "Parents"/"Forms"



KYA (Kentucky Youth Assembly)

The Kentucky Youth Assembly (KYA) is a 3-day experiential learning program in which students serve as part of a model state government. KYA offers students the opportunity to learn about a wide variety of issues, develop critical thinking skills, and articulate their beliefs while engaging constructively with their peers from around the Commonwealth.

School-Sponsored Activity
Advisors: Amy Fisher, Lauren Morris

Grade Range: 6th-8th

Schedule

Practices will be twice per week on Monday and Wednesday mornings from 7:15-8:00am.


Conference: December 8-10

Registration

Participant Fee: ~\$310

Fee varies on how many students participate (fee listed is based on minimum 30 students). Cost includes: conference fee, bus trip to Frankfort, two nights hotel, most meals for the conference, & materials

More Information will be given to students at school in the beginning of the year. Please email Ms. Fisher at amy.fisher@anchorage.kyschools.us with any questions!



LEGO Robotics Team

The purpose of robotics is to inspire students through the use of technology to become problem solvers, engineers, and collaborative workers. The students will learn how to program robots to complete designated tasks.

FIRST® LEGO® League introduces young people to the fun and excitement of science and technology. Children program an autonomous robot (using a LEGO® MINDSTORMS® robot set) to score points on a thematic playing surface, create innovative solutions to a problem, all while being guided by the program's signature Core Values.

Each year FIRST® LEGO® League releases a new Challenge to our teams based on a real-world theme. The Challenge has three parts. • Robot Game: Build and program an autonomous LEGO MINDSTORMS robot. • Project: Teams learn more about the science behind the Challenge theme and design a solution to solve a real-world problem. • Core Values: The Core Values are part of what makes FIRST LEGO League so special, because kids compete like crazy but respect their teammates, Coaches, and their “competitors” – and they have FUN.

School-Sponsored Activity/Instructors: Deborah Sloan and Rosie Robinette

Schedule

We will practice Wednesdays from August 21 through December. The last practice for December will be determined at a later date. This will be the competition. It is usually the first Saturday of December. If we advance to the State Tournament, then our practices will continue in January and February.

Location: Robotics Room at the end of the Middle School hallway

Registration


Grade Range: 4th-8th Grades

Size: Limited to 18 participants

Fee: \$125

Registration forms will be available at the front desk.

For additional information email Deborah Sloan at deborah.sloan@anchorage.kyschools.us



STEM & STEAM Clubs

The United States is projected to have 1.2 million job openings in science, technology, engineering and math (STEM) related occupations by the year 2018. The STEM clubs offered at our school are designed for students who have a strong desire to learn more about the STEM fields. Activities will include students using the Engineering Design Process to “Ask, Imagine, Plan, Create, and Improve” STEM challenges that will complement the Next Generation Science Standards.

K-3 STEAM Club:

This is a school-sponsored activity. The instructor is Jackie Holt.

Middle School STEM Club

This is a school-sponsored activity. Instructor to be determined.

Schedule

K-3 STEAM Club:

This club will meet all year one time a month.

Middle School STEM Club (Grades 6th-8th)

This club will meet from September—April up to twice a month.

Registration

Schedule and registration information will be handed out to students in September.

Anchorage Public School



**Community-Sponsored
Fall After-School
Enrichment/Athletic
Activities for Students**

Anchorage Children's Theatre

Provides the opportunity for students to participate in a theater production.

Community-Sponsored Activity

Workshop Schedule

Acting Anchors Jr. (Grades 1st & 2nd)

Fridays August 30- September 30 2-3:30pm

Acting Anchors (Grades 3rd-5th)

Tuesdays AND Thursdays August 28- September 13 3-4:30pm

ACT (Grades 6th-8th)

Tuesdays AND Thursdays October 22 - 4:30-6:00

Registration and Parent Q&A

August 20 in the Cafeteria:

5:00-5:45 for Acting Anchors Junior (1-2 grades)

5:45-6:30 for Acting Anchors (3-5 grades)

6:30-7 ACT (6-8th grades)

Rehearsal Schedules

Acting Anchors Jr. (Grades 1st and 2nd) "Frog and Toad"

Performance Dates: January 23-26

Rehearsals: Fridays August 30-September 30 2pm-3:30pm

Acting Anchors (Grades 3rd-5th) "James and the Giant Peach"

Performance Dates: January 23-26

Rehearsals: Tuesdays AND Thursdays Oct. 1-Jan. 17 3-4:30pm

ACT (Grades 6th-8th) "Mary Poppins"

Performance Dates: March 12-15

Rehearsals: Tuesdays and Thursdays starting Oct. 22 4:30-6:30
Jan. 28th practice from 3:00pm-5:00pm

Stay Fit with IMPACT

Speed and Agility

The objective of the Stay Fit with IMPACT program will be to offer an hour-long "after-school" function that is aerobic, healthy, and fun for kids within the Anchorage school system grades K-8.

The kids will be sub-divided into grades K-4 and grades 5-8 within the large gym.

Community-Sponsored Activity

Schedule

The program will be offered every Thursday from 3:00pm to 4:00pm starting September 5 and concluding October 10.

Registration

Grade Range K-8

Cost \$150

Checks should be made payable to Impact Management and mailed to address below.

Attn: Nathan Weaver
4001 Rock Bay
Louisville, Kentucky 40245

Chess

Chess has been *PROVEN* to enhance creativity, problem solving, memory, concentration, intellectual maturity, self-esteem, and many other abilities in children.¹ Chess club members will learn the basics of chess and develop strategy through fun 1-hour practices and scholastic tournaments. Practices typically consist of 30 minutes of lessons and 30 minutes of playing chess.

All club members should plan to attend Friday practices led by Chess Performance (www.chessperformance.com). USCF-rated tournaments are held locally year-round.

Community-Sponsored Activity
Sponsor: Hannah Barnes

Parent Participation: Volunteers are not needed to run chess club practices, but parents are welcome to become involved if interested. Parents provide transportation and supervision for their students participating in tournaments.

Schedule

Parent Meeting: September 13 at 2:00 p.m. in the school cafeteria

Practices: Chess Club meets at the school on Fridays (2:00-3:00pm) on the dates listed below. Pick up is from the side carpool at 3:00pm on Fridays.

2018: Sep 20, 27; Oct 18, 25; Nov 1, 8, 15, 22; Dec 6, 13

2019: Jan 10, 17, 24, 31; Feb 7, 28; Mar 6, 13, 20

Chess club does NOT meet on the Fridays preceding Fall, Holiday, Winter and Spring breaks.

End-of-Season Assembly: April 12th at 2:00pm in the school auditorium

Registration

Fee is \$240. This covers the cost of professional chess instruction, a team shirt, and awards. Please make checks payable to Anchorage Chess Club. Fees due prior to participation in chess practice. USCF Membership (www.uschess.org) and tournament entry fees are in addition to the club fee and collected separately by the organizing party.

Grade Range: K-8; no prior chess experience required.

If your child is interested, please email your child's name, grade and shirt size to anchorschess@gmail.com and plan to attend the parent meeting on September 13th at 2:00pm.

¹ Chess Research Bibliography. www.uschess.org/content/view/7866/221

Kicks Soccer Academy

Elementary After-School Program (EASP) is an educational soccer program that creates a fun and safe environment to teach children the game of soccer in their own school backyard and culminates in a JCS school tournament.

Community-Sponsored Activity

Coach: Gionatan Surrenti

Schedule

Duration: 8 Weeks

Practice day: Fridays from 2:00 to 3:00pm

Practice calendar: 9/6, 9/13, 9/20, 9/27, 10/3, 10/18, 10/25, 11/1;
makeup dates: 11/8, 11/15

TOURNAMENT

TBD

Registration

Cost is \$135 (plus taxes)


Grade Range: K-2nd and 3-5

Group size: 12-24 for each age group

Copy and paste this link: goo.gl/fiHeV9

If you experienced technical problems, write gionatan@kicksocceracademy.com and/or call (502)759-1185
Tue./Thu. from 9:00 to 10.00am.

IMPORTANT: Registration will close 48 hours prior to the program beginning date.



“Green Team” Environmental Club

The purpose of the Green Team Environmental Club is to have the youth of our school help transform the health of the community, the planet, and themselves.

Each month the members will participate in an activity that helps bring a healthy change to themselves, the school, or the planet. The last meeting in April will be our opportunity to share what we have learned with the school/parents and to celebrate Earth day.

Community-Sponsored Activity
Sponsor: Stephanie Cronan


Schedule

Monthly on Mondays from 3-4 pm in room 224

Dates: September 16, October 21, November 18, December 16, January 27, February 24, March 16, April 20

Registration

Contact Stephanie Cronan at smullett@yahoo.com



Whet Your Palette—“Camp-A-Little”

We are going into our 6th year of after-school art at Whet Your Palette. Following an exceptional term of summer camps, we have a truly exciting school year planned. We've prepared a different paint art project for each week. Each class has a balance of creative exploration (we let the children follow their own artistic ideas) and art education (and then we tie those ideas into art principles and elements.)

If you choose, your child can walk with one of our instructors from school to the studio at 1415 Evergreen Rd.

Community-Sponsored Activity
Sponsor: Judith Zinner

Schedule

We run all-year long but your child can participate whichever months work for your schedule. Choose your day (or days):
Mondays -Thursdays 3:00-5:00, Fridays 2:00-4:00.

Registration

One day a week is \$80 per calendar month.

*Want or need an occasional drop-in day of art? Just call us for a one-time visit. (\$22)

Contact the studio at 502-438-8865 or anchorage@whetyourpalette.com to register.



10 and Under Tennis

Louisville Area 10 and Under Tennis Association offers a fall and spring after-school Kids' Tennis Club. The association provides the instructor, nets, balls and racquets.

Community-Sponsored Activity

Schedule

10 and Under Tennis Clubs will meet on Tuesdays from September 17 through October 29, with fall break off, from 3:00-4:00 PM in the small gym.

Students should be picked up in the afternoons at the gym foyer doorway.

Registration

Cost is \$70 for the fall session (includes USTA 1-year membership for all new players).

Grade Range: K – 5th

Minimum enrolment of 8 participants, maximum 12 participants.

Deadline for registration is September 11th. All registrations and payments can be completed online at <http://www.louisville10andundertennis.com/> Registration can be found under the green "Fall School Registration" tab.

**For the most current information
regarding upcoming school events
and opportunities please refer to
our website at
<https://anchorage-school.org/>**

**.... and also the Anchorage School
News emails**

For questions regarding existing programs, or assistance in scheduling club/after-school activities, please contact After-School Programs Coordinator, Amy Fisher, at

amy.fisher@anchorage.kyschools.us